

Age UK North Tyneside are coming to your surgery!

We are a charity that provides information, advice and support to people aged 50+ in North Tyneside.

With many different services and over 40 years experience in the local area,
if we can't help, we'll know someone who can.

Once a month, in the surgery, our Coordinators are offering **drop-in support sessions** to help you find out more about what services we have on offer, what's going on in your local community and to talk about any specific issues you might have.

If you would prefer to talk in a private room we are offering **20 minute appointments** that can be booked via reception.

For more information about Age UK services, please call
0191 280 8484
To book an appointment please ask **reception**.

